Eaton Primary School

PE

Whole School Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Dance	Body management	Gymnastics	Speed and agility	Manipulation and coordination	Cooperation and problem solving
Year 1	Gymnastics	Dance	Attack/defend/shoot	Hit/catch/run	Send and return	Run/jump/throw
Year 2	Gymnastics	Dance	Attack/defend/shoot	Hit/catch/run	Send and return	Run/jump/throw
Year 3	Cricket	Cricket	Swimming	Swimming	Football	Athletics
Year 4	Tag rugby	Netball	Dance/gym	Tennis	Football	Rounders
Year 5	Football	Cricket	Dance/gym	Hockey	Rounders	Athletics
Year 6	Swimming	Swimming	Football	Tag Rugby	Netball	Tennis

Changeable sports units (Years 4,5,6)											
Badminton	Basketball	Cricket	Football	Handball	Hockey	Netball	Rounders	Tag rugby	Tennis	Volleyball	OAA Oudoor, adventurous activities

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Most classes teach PE for an afternoon. Sessions are broken up into:

20 minutes warm up consisting of circuit training (this covers the NC objective of children engaging in sustained physical activity)
1 hour and 15 mins of a PE session working on a particular skill first and then applying into a competitive game. This time to include mini evaluations where children peer assess each other's performance. What has worked well/what can be done to make even better.
15-minute cool down activity where children have opportunity to talk about the parts of the body they have used/importance of exercise.

Swimming slots can change year on year, however all children will have had a term of swimming lessons by the end of their primary education.